



U.S. Department
of Veterans Affairs

Dear Veteran:

Based on your military service, you may be eligible for **health care** or **monthly disability benefits** from the U.S. Department of Veterans Affairs (VA).

A new law, the Honoring our PACT Act of 2022 (the PACT Act), expanded and extended eligibility for VA benefits for many Veterans, including those who were deployed in or were in the airspace above certain countries (such as Iraq, Afghanistan, Kuwait, and Somalia) or deployed in support of certain contingency operations (such as Operation Iraqi Freedom, Operation Enduring Freedom, and Operation New Dawn). Find the full list at www.va.gov/PACT.

To receive health care or disability compensation benefits, you must apply. We encourage you to do so now, even if you have applied and been denied in the past.

If you were discharged between September 11, 2001, and October 1, 2013, you have until September 30, 2023, to enroll in VA health care based on your combat service.

Apply now for VA health care:

1. Apply online at www.VA.gov/PACT
2. Call VA toll-free at **1-800-MyVA411** (1-800-698-2411)
3. Visit your nearest VA Medical Center (<https://www.va.gov/find-locations>).

You should consider filing a disability compensation claim related to toxic exposure under the PACT Act before August 10, 2023; if you do so, **your benefits may be backdated to August 10, 2022**. If you do not file a disability compensation claim by August 10, 2023, VA can only grant an award to the date of your application. However, you can file a disability compensation claim based on toxic exposure at any time.

You may also submit a claim, or submit an intent to file a claim, for VA disability compensation benefits:

1. Submit a claim online or submit an intent to file a claim to secure the earliest possible effective date. Learn more at www.VA.gov/disability/how-to-file-claim/
2. Visit your nearest VA benefits office (www.VA.gov/find-locations).
3. Call the VA benefits hotline at 1-800-827-1000.

For more information and to view a complete list of new presumptive conditions, please visit www.VA.gov/PACT. You can also call **1-800-MyVA411** and speak to a customer service representative who can answer your questions and help you start the process.



www.VA.gov/PACT

Why am I receiving this letter?

VA is reaching out to every Veteran we believe might be eligible for health care and benefits based on their military service periods, as indicated by Department of Defense records.

How did you get my contact information?

Through collaboration with the Department of Defense, we obtained your name and contact information from their current records. We also sought to make sure we had the most current and accurate mailing address through third-party commercial address confirmation services.

How can I stop receiving these communications?

You can contact National Consumer Preference Service to stop unwanted mail (www.dmachoice.org) and the National Do Not Call Registry to stop unsolicited phone calls (<https://www.donotcall.gov/>).

How do I update my contact information with VA?

Visit www.va.gov/change-address/ or call 1-800-MyVA411 to tell us how to better reach you.

What if I'm not ready now, but want to receive updates?

Veterans should submit their PACT Act-related claims before August 10, 2023, to be eligible for benefits backdated to the date of enactment (August 10, 2022). Any PACT Act claims submitted after the first year of enactment will not be backdated; however, Veterans can submit an intent to file.

Additionally, you may only have until September 30, 2023, under the one-year special enrollment period to enroll in VA health care, so we recommend you contact someone at VA to address any questions or concerns you may have: 1-800-MyVA411.

You also can sign up for VA's #VetResources weekly email newsletter at www.va.gov/VetResources to receive information on free resources, discounts, and events.